

Annual Update



*Sutter Medical Center,
Sacramento*

A Sutter Health Affiliate

A new era in health care.





The exterior of Sutter Maternity Hospital in 1937.

Future of Sutter Memorial Hospital

This year marks the 75th anniversary of Sutter Memorial Hospital, which was originally opened in 1937 as Sutter Maternity Hospital. When built, Sutter Maternity was situated on the “edge” of town with 20 acres and 52 “air conditioned” beds. It was an immediate success. Over the years, the hospital name changed and the scope of services and the number of buildings expanded. Today, we are expanding once again and in 2014 all the services currently housed inside Sutter Memorial Hospital will be transitioning to the new midtown campus.

In preparing for the transition, we have partnered with StoneBridge Properties, LLC, a subsidiary of Teichert Land Co., to advise on the best strategy for redeveloping the Sutter Memorial Hospital site in East Sacramento. StoneBridge specializes in planning and redeveloping former industrial properties into uses that benefit the larger community, and for this project we are focused on designing a quality development that reconnects the existing neighborhood and is sensitive to the needs of the community.

As part of its early due diligence, StoneBridge conducted a thorough history of the site and engaged in

extensive neighborhood and community outreach. The outreach included focused conversations with neighbors and community groups, with more than 750 people involved to date.

StoneBridge, on behalf of Sutter Medical Center, Sacramento, recently submitted an application to the City of Sacramento. The proposed project has been heavily shaped by community input and proposes reintroducing a mixed-residential and multi-generational community that reconnects the existing neighborhood. The land plan facilitates walking and cycling and provides for unique outdoor spaces and experiences. Over the next 12 to 18 months, the project will be further refined by feedback from the City, as well as continued neighborhood dialogue, and will undergo environmental analysis to better understand the project’s impacts.

For more information, please contact Randy Sater with StoneBridge at (916) 484-3200 or Keri Thomas, regional director, Community and Government Relations, Sutter Health Sacramento Sierra Region at (916) 454-6697.

For additional details on the neighborhood plan, go to sutterparkneighborhood.com.

Uniting our two campuses

As you look at the new Anderson Lucchetti Women’s and Children’s Center from the street, you’ll see an exterior that’s nearly complete. The hum of activity has moved inside the football field-length structure and carries across the new spanning structure to the Ose Adams Medical Pavilion/Sutter General Hospital, where a major renovation is under way.

Ose Adams Medical Pavilion will share the same healing color palette chosen for its neighbor, and will feature more private rooms and an array of new technology. By this time next year, construction will be nearing completion on the Sutter Medical Center, Sacramento project and work will begin on integrating all inpatient health care services onto a single campus.

“Closing Sutter Memorial Hospital and moving those services and staff into the expanded Sutter Medical Center campus isn’t something we take lightly,” said Carrie Owen Plietz, CEO of Sutter Medical Center, Sacramento. “Our staff and

many people in the community have special memories at Sutter Memorial, which we will continue to honor throughout the process. Employees at both hospitals are dedicated to putting patients and families first and are committed to bring the best of both Sutter General and Sutter Memorial together into the new Sutter Medical Center.”

When completed, the new campus will be among the

nation’s most innovative and patient friendly, allowing us to continue along the path of leading the transformation of health care to achieve the highest levels of quality, access and affordability.

Pediatrics will be located on the second floor of the Women’s and Children’s Center and will feature an oval-shaped observation deck so that pediatric patients can watch special music and theater performances on the first floor without having to travel outside the unit.



Bridging our future

The exterior support steel for the 29th Street bridge will resemble trees and tree branches to give a more natural feel to the building.

One of our goals for the new Sutter Medical Center, Sacramento campus was to bring all prominent medical services to a single location. When completed, the Anderson Lucchetti Women’s and Children’s Center will help by serving as the gateway for patients and families to enter the campus and, from there, navigate to their services and doctors. To simplify the experience, the entire campus will connect through a spanning structure and bridges.

L Street Spanning Structure:

Last year, construction began on a three-story spanning structure that connects Sutter General Hospital to the Women’s and Children’s Center, linking two buildings into one. This structure will include clinical space, a waiting room and a staff lounge. Work on the exterior of this one-of-a-kind structure was completed this summer and L Street was re-opened to vehicles and pedestrian through-traffic.

28th Street Bridge: In August, crews broke ground on a bridge over 28th Street connecting Sutter Capitol Pavilion to Sutter Cancer Center/Buhler Specialty Pavilion. During construction, 28th Street will be closed to through-traffic between Capitol Avenue and L Street. Pedestrians will be routed through Sutter Capitol Pavilion during business hours, weekdays from 5 a.m. to 7:30 p.m.

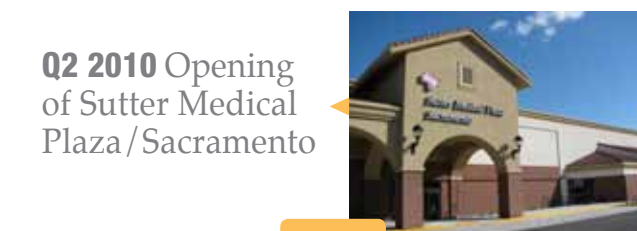
29th Street Bridge: Work has begun on an open-air bridge that will cross above 29th Street, connecting the South Parking Garage to the Women’s and Children’s Center. Crews are currently constructing the bridge at an off-site location and expect to complete the bridge by January.

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2009

Q4 2009 Women’s and Children’s Groundbreaking



2010

Q2 2010 Opening of Sutter Medical Plaza / Sacramento



Q3 2010 Opening of Sutter Capitol Pavilion



2013

Q4 2013 Get the “keys” to the Women’s and Children’s Center



2014

Q1 2014 Community Open House

Q2 2014 Big Move Day and Opening of Women’s and Children’s Center



Features to improve patient- and family-centered care

In planning, designing and building our integrated campus, we led with a clear vision of delivering innovative, creative and patient- and family-centered care.



This rendering shows what the postpartum rooms will look like in the new Women's and Children's Center.



Sutter Medical Center, Sacramento was designated as a Baby Friendly Hospital® by the World Health Organization and UNICEF. To learn more about our Baby Friendly philosophy of care, scan the QR Code above with your smart phone and watch our video.



Private rooms

Through research and feedback from our patients and staff, the importance of private rooms to aid recovery and support patients and their families became clear. As a result, the new Anderson Lucchetti Women's and Children's Center features 242 private rooms.

The rooms were designed with a dedicated area for our caregivers, the patient, and for their family and guests. In each room, the family space includes a window seat that allows family members to sit comfortably and converts into a bed that sleeps one or two people. The family space also includes storage drawers, a reading light, and outlets for laptops and other conveniences.

"We're thrilled to offer our new mothers 51 spacious single rooms with spectacular views," said William Gilbert, M.D., regional medical director of Women's Services. "Our babies room-in with their mothers, so we designed these rooms so the new parents and our nurses can partner in the care of our infants. And we also know that mothers bond better with their babies, are more successful at breastfeeding and heal faster in a peaceful environment."



Hospital renovations

At Ose Adams Medical Pavilion/ Sutter General Hospital, we are increasing the number of single rooms and renovating all rooms to provide more privacy and the same feel and features as the new Women's and Children's Center. Ose Adams Medical Pavilion will be seamlessly connected to the Women's and Children's Center through a three-story spanning structure that will include clinical space, a waiting area and a special walkway separating public traffic from patient traffic.

The transformation of the Sutter Heart & Vascular Institute is one of the most exciting advancements housed within the Ose Adams Medical Pavilion. The new home of the Sutter Heart & Vascular Institute will feature optimized operating suites and catheterization labs, a fully integrated telemetry unit and one of the nation's first certified Heart Failure Clinics, allowing us to continue to provide advanced care with outcomes among the highest in the country.

Sutter Children's Center, Sacramento will be a fully operational "children's hospital within a hospital" inside the Anderson Lucchetti Women's and Children's Center. To learn more about Sutter Children's Center, Sacramento, scan the QR Code above with your smart phone and watch our video.

Special respite spaces

The new Women's and Children's Center will feature unique spaces to give our patients and their families greater independence. A socialization room will be added to the High-Risk Maternity Unit for mothers-to-be who spend weeks to months on bed rest. The Pediatric Unit will feature a room for families to unwind, and will include a washer, dryer and small kitchen. And the NICU will include a family lounge, dedicated lactation rooms, and two family sleep rooms to keep parents and infant closer to each other.



Healing arts

At Sutter Medical Center, Sacramento, we're committed to providing a nurturing environment where patients are surrounded by caring staff and supported by opportunities and resources that promote healing of the body, mind and spirit. Art and colors that remind people of nature are proven to reduce stress and anxiety, and help patients heal faster.

"An important part of a healing environment is the artistic element of the environment," said Larry Maas, Assistant Administrator of Sutter Medical Center, Sacramento's Master Plan. "We have been focused on this aspect from early on and want it to be one of many things that differentiates our new campus from others."

We're partnering with a local business, Art Consulting Services, to find local and regional artists to bring more than 425 pieces of art, mostly nature-inspired, to the campus. The art will help unify the campus through multimedia fine art, including glass, fabric, murals, photography and clay.

"We want to capture the imagination of kids so that they forget they are in a hospital," said Kira Stewart, principal at Art Consulting Services. "We've seen from our other projects with Sutter that art and design can entertain, distract and sooth patients and their families."

In addition to the art we are investing in throughout the new campus, Sutter Medical Center has partnered with B Street Theatre to bring special children's performances to the Women's and Children's Center. The lobby of the new center will feature a stage so young patients can attend live performances. This stage area has been designed to accommodate children who can't travel downstairs, and there will be a special viewing area from the Pediatric Unit on the second floor.

The Next Stage of B Street

Upon the completion of the Women's and Children's Center, the B Street Theatre will begin construction on a 40,000-square-foot, two-theater complex that will house the Sutter Children's Theatre (365 seats) and B Street Theatre Thrust Stage (250 seats). The new complex will be a short walk from the Women's and Children's Center at the corner of 27th Street and Capitol Avenue.



Local and regional artists are busy working on nature-inspired artwork custom-made for the Sutter Medical Center campus. This photo shows fabric artist Merle Serlin's piece "Sierra Water" in process in her Sacramento studio.

Innovative care

At Sutter Medical Center, Sacramento, we're dedicated to supporting research and investments in new treatments and technologies that are more effective at delivering care and helping patients get back to their lives more quickly.



MRI-guided ablation for pediatric epilepsy

In the U.S. alone, epilepsy affects more than 300,000 children, including more than 90,000 who have seizures that cannot be adequately treated. The most difficult part of treating epilepsy is identifying exactly where the seizures originate and finding ways to treat the source without impairing other parts of the brain.

Last year, Sutter Children's Center, Sacramento became the first and only facility in Northern California to offer MRI-guided laser-ablation technology. Visualase® is a minimally invasive technology that destroys problematic tissue in seconds at temperatures near 130 degrees Fahrenheit. The treatment takes just a few minutes, but it is the expertise of our multidisciplinary team that ensures its success. Michael Chez, M.D., medical director

of Pediatric Epilepsy and Pediatric Neurology; Samuel F. Ciriello, M.D., medical director of Pediatric Neurosurgery; and Azad Ghassemi, M.D., neuroradiologist, work together to pinpoint the root of the seizures and precisely monitor the treatment, which minimizes damage to healthy cells.

"Laser ablation destroys epileptic tissue in the brain that would otherwise require more invasive craniotomy, a prolonged hospitalization and often repeat surgeries," said Dr. Chez. "This technique offers rapid treatment, with most patients up and walking several hours after surgery and home within 24 hours. It can dramatically reduce seizure activity and essentially cure epilepsy."

Brandon was experiencing grand-mal seizures almost daily. His parents had to keep a close eye on him 24-hours-a-day and he had to stop playing sports. Since having Visualase surgery in April, he hasn't experienced any noticeable seizures. And, most important, he is back to being a kid.

Alzheimer's disease research

Alzheimer's disease dementia is a devastating and currently untreatable brain disease, expected to affect more than 63 million people by 2030. Neurologists Shawn Kile, M.D., and William Au, M.D., are working with Sutter Institute for Medical Research in Sacramento on a promising clinical trial for persons with "pre-dementia" symptoms aimed at preventing and delaying the conversion to Alzheimer's disease dementia.

In January 2011, Dr. Kile and colleagues began the randomized double-blinded, placebo-controlled trial, which is the first of its kind to test intravenous immunoglobulin (IVIg) in patients with pre-dementia, also called mild cognitive impairment (MCI). This study, which is described in detail at clinicaltrials.gov, represents an essential step in the early detection and intervention using immunological strategies for the prevention of Alzheimer's disease dementia. The study will enroll 50 patients and preliminary data will be presented in 2013. To learn more about our currently enrolling trials, visit sutterresearch.org



Minimally invasive outpatient hysterectomy

For years, women have been putting off medically indicated hysterectomies because they didn't want overnight hospital stays and couldn't put their lives on hold for the six to eight weeks it took to recover. At Sutter Medical Center, Sacramento, we strive to get patients quickly back to their lives by providing minimally invasive approaches to hysterectomy, which can be performed vaginally, laparoscopically or with robotic assistance. This year, we also launched a new surgical program that allows same-day releases to patients who undergo routine surgery.

"With a minimally invasive approach, our patients have less pain and are back to work or recreation in less than half the time of a traditional approach," said Wes Hilger, M.D., medical director of Minimally Invasive Gynecologic Surgery at Sutter Medical Center. "And now, many are released the same day so that they can recover more comfortably in their own homes."

Last year Sutter Medical Center, Sacramento launched the Sutter Institute for Minimally Invasive Surgery with a mission to deliver state-of-the-art patient care through the application of minimally invasive surgical techniques and technology.

A new treatment for aortic valve stenosis

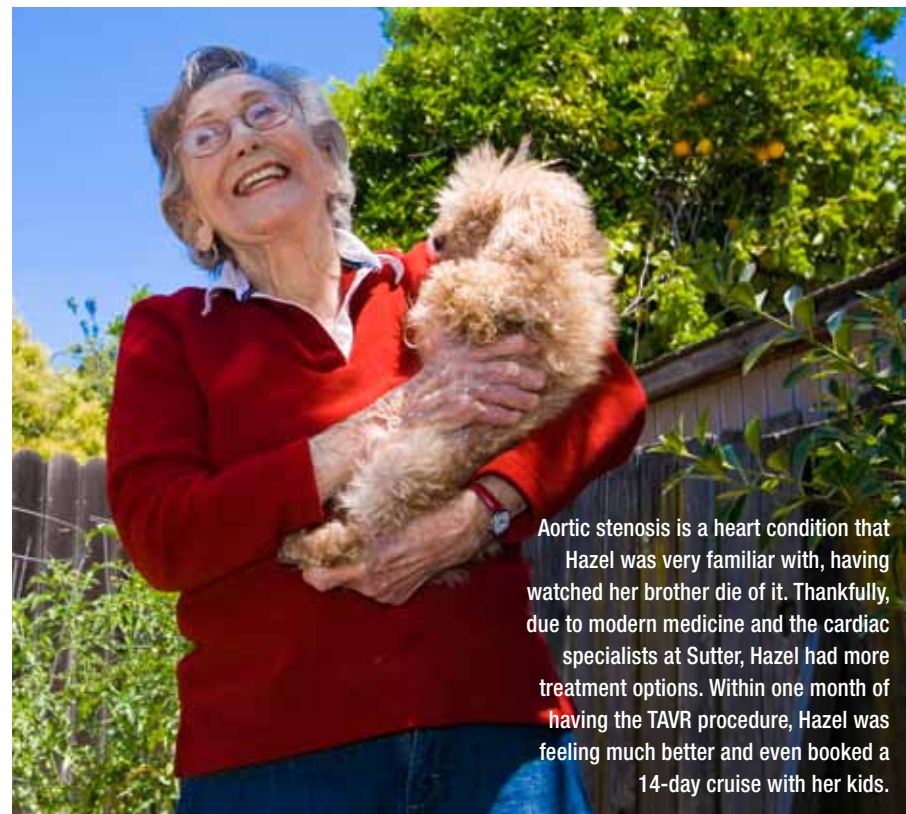
Not long ago, patients with severe aortic valve stenosis had limited treatment options if they weren't candidates for open-heart surgery, which resulted in many succumbing to the disease within two years of the onset of symptoms. Today, Sutter Medical Center, Sacramento is among a handful of hospitals in the country offering transcatheter aortic-valve replacement (TAVR) for patients previously considered inoperable.

TAVR is significant because it does not require open chest surgery. During the minimally invasive procedure, doctors use a catheter placed through the femoral artery to deliver and implant the aortic heart valve. The valve is delivered in a compressed state and placed in the faulty aortic heart valve. Using new balloon-expandable

valve technology, the TAVR valve is then inflated and precisely positioned.

"We see immediate improvement with our patients following surgery," said David Roberts, M.D., interventional cardiologist and medical director of Sutter Heart & Vascular Institute. "Most of them wake up and tell us they can already breathe easier and have less chest pain. So not only is their life extended, but the quality of their life improves."

In addition to the TAVR procedure, the Sutter Heart & Vascular Institute provides comprehensive and advanced heart therapy services, including the only heart transplant and Ventricular Assist Device (VAD) programs in Northern California outside of the Bay Area.



Aortic stenosis is a heart condition that Hazel was very familiar with, having watched her brother die of it. Thankfully, due to modern medicine and the cardiac specialists at Sutter, Hazel had more treatment options. Within one month of having the TAVR procedure, Hazel was feeling much better and even booked a 14-day cruise with her kids.



When Brodie, an extreme wakeboarder, tore his ACL he turned the sports medicine specialists at Sutter Orthopedic Institute. Thanks to the expertise of his surgeon and physical therapy team, Brodie was back in the water in half the time he expected to heal.

Keeping athletes in the game

Every day, the specialists at Sutter Orthopedic Institute work with athletes of all ages and abilities to diagnose their condition and create a comprehensive treatment path. If you were to walk through the hallways within one of their offices, you couldn't help but notice the photos and thank you notes from happy patients who have returned to their sport. And it's no coincidence. The specialists at Sutter Orthopedic Institute are whom local and national professional athletes trust to prevent and treat their injuries. They are team physicians for the Sacramento River Cats, Olympic teams and Sacramento State, just to name a few.

"In sports medicine and orthopedic surgery, we treat the whole athlete, not just their present condition," said Alan Hirahara, M.D., orthopedic surgeon at Sutter Medical Center, Sacramento. "We create plans that may include surgery, but we start with the least invasive treatment. Our patients have access to rehabilitation specialists who focus on sports injuries, minimally invasive surgery, holistic therapies and clinical research trials."

Sutter Orthopedic Institute performs more joint replacement procedures than any other hospital in Northern California with excellent quality outcomes and patient satisfaction.

Treating breast cancer faster

When a woman is diagnosed with breast cancer, she is flooded with emotions and faced with decisions regarding her treatment path. One of the primary goals at Sutter Cancer Center is to ensure that our patients receive information about their conditions, support through their diagnosis, and access to the most advanced treatments. Through the philanthropic support of our community, Sutter Cancer Center was the first and is still the only center in the greater Sacramento region to offer INTRABEAM®, a revolutionary treatment for women with early-stage breast cancer.

INTRABEAM intraoperative radiotherapy is internal radiation performed during tumor-removal surgery. While the patient is still asleep and before the surgeon closes the incision, a radiation oncologist positions the INTRABEAM applicator tip in the area of the breast where the tumor was located. INTRABEAM radiation is applied, treating the affected tissue in the tumor bed. The surgeon then closes the incision and the patient is able to go home later that day.

"Radiation therapy that would normally require three to six weeks of treatments can now be accomplished with 20 to 25 minutes of radiation therapy as part of the breast conservation surgery," said Gregory M. Graves, M.D., regional medical director, Oncology, and one of our two surgeons trained to perform the procedure. "And we are able to conserve the breast with the same cancer control and survival of more radical treatments."

Heart disease and women

Heart disease is the No. 1 killer of women, taking the life of approximately one woman per minute. That's why for the past seven years Sutter Heart & Vascular Institute has partnered with the American Heart Association's Go Red for Women Movement. Together our mission is to raise awareness of heart disease while educating women on their risk factors. The fact is: more than 80 percent of cardiac events in women may be prevented if they make the right choices for their hearts.

Top things you can do today to reduce your risk:

- ▶ Know your numbers! Visit your doctor regularly so you know your blood pressure, total cholesterol, triglycerides, fasting glucose, body mass index and waist circumference.
- ▶ Get at least 30 minutes of exercise a day, most of the days of the week.
- ▶ Do activities that lower your stress.
- ▶ Eat a variety of fruits and vegetables every day.
- ▶ Eat a variety of whole grain products.
- ▶ Choose fats with 2 grams or less of saturated fats per serving.
- ▶ Balance the number of calories you eat with the number of calories you use each day.



Lynette was surprised when she was diagnosed with breast cancer and anxious about the impact treatment would have on her active lifestyle. Then she learned about INTRABEAM and switched her care to Sutter Cancer Center so that she could receive the innovative treatment. Less than two months after her original diagnosis, Lynette was once again free of cancer and worry.

The INTRABEAM system is FDA-approved to treat women age 55 and older who have early-stage breast cancer and negative lymph nodes.

The Sutter Medical Center Foundation has nearly completed its commitment to raise funds for the INTRABEAM system, but support from our community is needed now more than ever. To support INTRABEAM or other life-saving technologies at Sutter Medical Center, Sacramento, please call (916) 733-3863, or email smcfoundation@sutterhealth.org.



"Looking back with the knowledge I have today, there were signs I didn't think to attribute to heart disease. I didn't fit any of the 'usual' markers. But sure enough, I had heart disease."

—LAURA, WHO HAD BYPASS SURGERY

Increasing access to care

At Sutter Health, we're committed to increasing access to care for our community. Through new services, renovating our current facilities and partnering with local nonprofit organizations, our goal is to offer patient-friendly care that is accessible and affordable.



"My goal is to create a trusting relationship with my clients so I can help them come to terms with the struggles they face and understand how it affects them and their unborn babies."

ANNETTE ROBINSON, MARRIAGE FAMILY THERAPY REGISTERED INTERN (IMF67078), SUPERVISED BY: SALLY H. HITE, LMFT

Improving access to prenatal care for the body and mind

With more than 5,000 babies born at Sutter Medical Center, Sacramento each year, we see firsthand the importance of early prenatal care for both mother and child. That's why Sutter has partnered with the Center for Community Health and Well-Being, Inc. (CCHWB), a local nonprofit organization that provides prenatal, postpartum and gynecological care to low-income, MediCal-eligible women.

"The Center for Community Health and Well-Being provides a vital service to our community, so that babies have a healthy start and mothers have a place to turn for care and support," said Holly Harper, community benefits manager for the Sutter Health Sacramento Sierra Region.

Over the years, Sutter Medical Center, Sacramento has provided grants to help CCHWB expand its services to more women. And, in 2012, CCHWB received a Community Investment Award from Sutter Medical Center, Sacramento.

"We recognize the importance of our client's mental health and offer free counseling services to our patients," said Wendy J. Petko, CCHWB executive director. "With the recent investment from Sutter, we were able to expand our counseling services and now are able to help almost twice as many new moms and dads develop the skills they need to raise healthy babies."

CCHWB has two prenatal and gynecological care clinics in Sacramento and a Leadership and Empowerment Institute for at-risk girls and young women.



Sutter Center for Psychiatry

Sutter Center for Psychiatry, the only not-for-profit psychiatric hospital in the Sacramento region, has been the regional leader in psychiatric and mental health services for more than 50 years. This summer, the center expanded the specialized services it provides, increasing inpatient beds from 69 to 73 to allow more patients to receive individualized care and continue the center's mission of putting patients first. The 10,000-square-foot expansion includes a new main entrance and spacious assessment rooms that enable staff to perform evaluations and assessments on incoming patients 24 hours a day. In addition, the center added capacity for medication-resistant depression procedures and a large conference room for community support-group meetings.

Sutter Center for Psychiatry offers two levels of outpatient programs with more intensity and frequency than typical outpatient therapy. The Partial Hospitalization Program (PHP) is a voluntary program designed to provide intensive group therapy throughout the day. Program hours for PHP are six hours a day, Monday through Friday. Intensive Outpatient Program offers another alternative, with programs three hours a day, two to five days per week.



Angelica Bañuelos, navigator at Sutter General Hospital, assists a homeless patient.

Emergency Department Navigator Program

For the past five years, Sutter Medical Center, Sacramento and local non-profit The Effort have partnered to provide primary care, behavioral health and prevention services to Sacramento's homeless. With appropriate access to care being at the top of their collective missions, they continue to tackle the growing issue of emergency room use.

"We've seen a steady increase in the number of people who are using our emergency rooms for routine medical issues, especially those who are uninsured and don't have a primary care physician. We knew we needed to find a creative solution and had a perfect partner to make a difference," said Keri Thomas, regional director, Community and Government Relations at Sutter Health Sacramento Sierra Region.

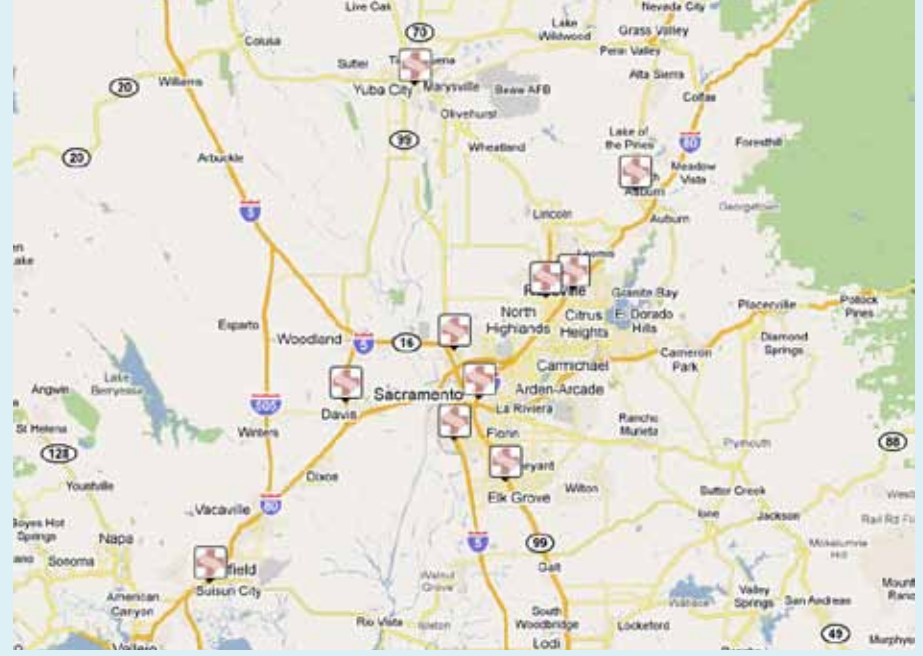
Last year Sutter and The Effort piloted a Navigator Program at both the Sutter General and Sutter Memorial emergency rooms. This year the navigator, a trained social worker, became a permanent position and staffs the emergency room during peak hours seven days a week. When patients are seen in the emergency room without adequate follow-up care, the navigator visits the patient and helps them connect with insurance, doctors, services and even housing.

"Together we provide resources so we can help improve the quality of life of this population," Jonathan Porteus, chief executive officer of The Effort. "Our goal is that next time they have a health issue, they will have a primary care physician to see. It's a better experience for the patient and leaves more access in the ERs for true emergencies."

Sutter Urgent Care

Over the last few years, the Emergency Department at Sutter Medical Center, Sacramento has seen a dramatic increase, especially in the number of patients with non life-threatening medical conditions. To help ensure that patients have access to appropriate levels of care, Sutter Medical Foundation is opening a number of community-based urgent care centers throughout the greater Sacramento region. This past year, Sutter Urgent Care, Sacramento opened at 1201 Alhambra Blvd., within two blocks of the Sutter General Hospital Emergency Room. Sutter Medical Foundation supports additional urgent care facilities in Elk Grove, Roseville, Davis and Yuba City, and Sutter Express Care Clinics in the Natomas, Greenhaven and Roseville Rite Aid® stores. Most insurance plans are accepted at all sites, and all are open to non-Sutter patients. Visit sutterurgentcare.org for more details and hours of operation.

Sutter Urgent Care, After Hours and Express Care locations throughout the greater Sacramento area.



Sutter Elk Grove Surgery Center

Elk Grove residents can now receive outpatient surgery within their community. The 7,622-square-foot Sutter Elk Grove Surgery Center opened in May with two operating rooms. The center features an eco-friendly design and surgical specialties that include gynecology, orthopedics, podiatry and general surgery.



Award-winning care

Dozens of national institutes have recognized Sutter Medical Center, Sacramento for quality clinical care and patient satisfaction including:



Designated as a Baby Friendly Hospital® – UNICEF and WHO



Atrial Fibrillation and Chest Pain Center – The Society of Chest Pain Centers



Heart Failure Get with the Guidelines Gold – American Heart Association



Primary Stroke Center – Joint Commission



Get with the Guidelines Silver Stroke – American Heart Association



Midas+ Platinum Quality Award – Midas+ Solutions, a Xerox Company



Level 1 Facility Accreditation – Bariatric Surgery Center Network



Accreditation – National Accreditation Program for Breast Centers



Adult Autologous and Allogeneic Blood and Marrow Transplantation Accreditation – Foundation for the Accreditation of Cellular Therapy



Sutter Center for Psychiatry Best Place to Work - Modern Health Care



Planning your legacy

The Sutter Medical Center Foundation has a rich tradition of community philanthropic support. As you consider your legacy, we invite you to think of a gift that benefits the health of Sacramento for generations to come.

An estate gift, also called a bequest, doesn't take effect until your death. It doesn't affect your current asset balance or cash flow. If your plans or circumstances change, you can easily revise the bequest.

You can give a specific asset or a share in the remainder of your estate. Your gift can support a particular program, or allow us to use it for the needs that are most relevant when your gift is received.

If you would like to discuss making a planned gift, please contact Greg Walaitis, Foundation Executive Director, at (916) 733-3863, or smcfoundation@sutterhealth.org.

Not intended as legal, tax, or investment advice.

Choosing Sutter Health

When you join the Sutter Health family, you have access to the innovative Sutter Medical Center, Sacramento campus, a comprehensive network of primary care physicians and specialists, and a number of nationally recognized programs dedicated to delivering the personalized care you and your family deserve.

Find a Doctor:

checksutterfirst.org or 800-4-SUTTER

Blog: suttermedicalcenter.org/expansion

Manage Your Health Care Online:

<https://myhealthonline.sutterhealth.org>

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